

Categories - Kyokushin Cup 2022

Open			
Category- 1	Men-Lightweight - Open	-70kg	Grade - Open
Category- 2	Men-Middleweight-Open	-80kg	Grade - Open
Category- 3	Men-Heavyweight-Open	+80kg	Grade - Open
Category- 4	Women-Lightweight - Open	-65kg	Grade - Open
Category- 5	Women-Heavyweight-Open	+65kg	Grade - Open

Novice - UK and Ireland participants only			
Category- 6	Men-Lightweight - Novice	-70kg	Grade - 10 th Kyu to 1 st Kyu
Category- 7	Men-Middleweight- Novice	-80kg	Grade - 10 th Kyu to 1 st Kyu
Category- 8	Men-Heavyweight- Novice	+80kg	Grade - 10 th Kyu to 1 st Kyu
Category- 9	Women-Lightweight - Novice	-65kg	Grade - 10 th Kyu to 1 st Kyu
Category- 10	Women-Heavyweight- Novice	+65kg	Grade - 10 th Kyu to 1 st Kyu

Veteran			
Category- 11	Men-Lightweight - Veteran (Over 40 years)	-70kg	Grade - Open
Category- 12	Men- Heavyweight- Veteran (Over 40 years)	+70kg	Grade - Open
Category- 13	Women-Lightweight-Veteran (Over 40 years)	-65kg	Grade - Open
Category- 14	Women-Heavyweight-Veteran (Over 40 years)	+65kg	Grade - Open

Junior and Cadet Age 10 to 15			
Category- 15 Boys	Age 10 and 11	Weight- Open	Grade - Open
Category- 16 Girls	Age 10 and 11	Weight- Open	Grade - Open
Category- 17 Boys	Age 12 and 13	Weight- Open	Grade - Open
Category- 18 Girls	Age 12 and 13	Weight- Open	Grade - Open
Category- 19 Boys	Age 14 and 15	Weight- Open	Grade - Open
Category- 20 Girls	Age 14 and 15	Weight- Open	Grade - Open
Category- 21 Boys	Age 16 and 17 Cadet	Weight- Open	Grade - Open
Category- 22 Girls	Age 16 and 17 Cadet	Weight- Open	Grade - Open

There will be two weight categories for Juniors if there is sufficient number of participants. For example, under and over 55kg.

Please note: Tournament committee reserves the right to change the categories.